

Confidence AB Master (20 GBP)













Location **South West, Wiltshire**
<https://www.freeadsz.co.uk/x-163434-z>



Confidence AB Master, The Ultimate AB Trainer. Confidence's Ab Master 200 Degree range of motion targets your upper, lower, middle abs and obliques all at once with one smooth up and down motion. The rolling wheel action creates a smooth consistent motion to help you get a full range of motion that targets your abs and obliques, firming them quickly and easily. Adjustable resistance level, perfectly suited to any fitness level. Provides proper neck and back support to keep you in perfect form. Folds away for easy storage. Thick padding allows you to exercise in comfort and provides excellent support. Barely used and in excellent condition. £20.00, Corsham,.

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