Introduction to Raw Cuisine



Location **West Midlands, Warwickshire** https://www.freeadsz.co.uk/x-166219-z



Introduction to Raw Cuisine, Ever wondered what Raw Cuisine is all about? Come and check it out - see and taste the wonders of nature. A simple way to include more nutrition in your diet! Ideas for breakfast, lunch, snacks etc.... The classes will run on Tuesday's and Thursday's. Booking in advance helps you to have more tasters! So give me a ring 07786380770 or email me naomi@startanew.meStarting - week beginning 7/9/15 - Tuesday 8/9 and Thursday 10/9. Problems with the day or time - speak to me NaomiVenue - Fitness First SolihullTime - 6-7:30Cost - £20 per session includes tasters, Solihull,.

07786380770

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