

FREE LADIES FITNESS CLASS



Location **West Midlands, Warwickshire**
<https://www.freeadsz.co.uk/x-168360-z>

A free ladies fitness class. Based at Auckland Hall Smiths Wood. The class includes an All Over Body Circuit, Skipping, Core Work and Boxing.



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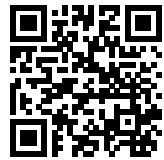
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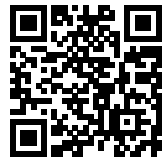
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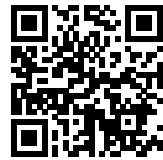
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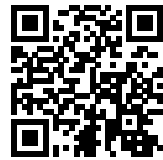
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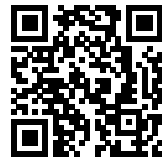
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