TEN DAY TURNAROUND



Location **South East, West Sussex** https://www.freeadsz.co.uk/x-171043-z



For when the diets stop working! Online fully supported 10-day programme. No counting, no measuring, no dieting! Average weight loss: 5 lbs. Eat to your own tastes or nutritional choices. Ten days, ten rules, ten texts - fantastic results. Optional secret Facebook group (recommended). Starts 1st and 3rd Tuesday of every month. Contact me for more information - NO strings.

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