

# Gadget Fit Vibrating Plate (80 GBP)



Location **South East, Berkshire**  
<https://www.freeadsz.co.uk/x-192907-z>

**GADGET:FIT Power Vibration Plate** This incredible machine will help you get your dream body with less work! The oscillating motion plate provides a workout to 95% of your muscles, increasing muscle mass and tone, whilst reducing body fat and cellulite. The rapid vibrations cause a high rate of muscle contraction, cramming in reflex muscle contractions at up to 50 times per second. Turbo charge your workout: Increased muscle mass

- Cellulite/body fat reduction
- Improved circulation
- Improved balance
- Reduced stress and fatigue
- Better flexibility

Deliver great results in less time - 10 minutes on this machine can replace up to an hour of conventional workout

If you suffer from joint problems, have a heart condition or use a pacemaker, we recommend seeking medical advice before using a vibration trainer.

Specifications / Details Machine weight 28kg (use caution when moving/lifting)

- Efficient 600W motor
- Display showing time/speed/pulse
- Anti-jamming and anti-static mechanism
- 50 incremental speed settings
- Maximum user weight 120kg

3 auto built-in workout programs  
 Dimensions: 70 x 40 x 12 cm  
 Great as a 5 times a week in the garage  
 Buy £129.99 for £80 will

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