

# Home Help amp Support Services.

Location **South East, West Sussex**  
<https://www.freedasz.co.uk/x-197317-z>



If you would like assistance in your own home with cleaning, errand running, food shopping, trip to the shops, preparing/cooking meals or anything similar please contact me. I can also provide a 'check call' to ensure your loved one is ok! I am a trustworthy, friendly, & caring person, With experience in Care & running a home! Weekly/Fortnightly or one off call.



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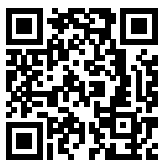
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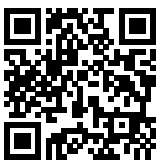
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