



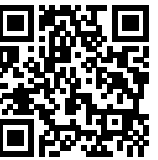
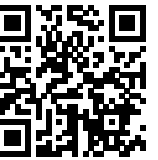
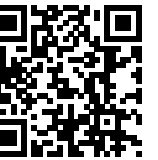


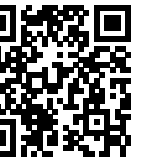
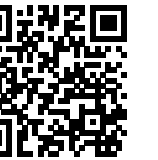

# Yoga in your home - A convenient way to relax, de-stress and tone



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-198280-z>



One to one, couples or small groups tuition offered by qualified yoga teacher from renowned Yoga Institute in Mumbai, India. Conveniently offered in your home at a time to suit you - 7 days per week  
 Levels - Beginners and Intermediate. Concentrating on the physical but including mental and spiritual considerations too if required. One hour sessions to be arranged by appointment. ;

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