

Mind Body Spirit Event - Worthing



Location **South East, Surrey**
<https://www.freeadsz.co.uk/x-214266-z>

Come and join us for an inspiring and uplifting day of everything natural and holistic. Our events attract hundreds of like-minded people who are interested in creating a happier healthier lifestyle for themselves and their families. You can experience the most popular holistic treatments to help relax the mind, heal and rejuvenate the body, re-balance and bring you back into harmony so you feel great. You can consult with life & well-being coaches who can show you ways of dealing with stress, difficult situations, and help you get your life back on track. Our mediums, clairvoyants, psychics & tarot readers are experienced and here to offer you guidance on relationships, love, money, work and life in general as well as connecting with loved ones in spirit. There is also a huge range of items to purchase which can assist in making your home a happier, healthier place to be in, skincare & beauty products free from harmful chemicals, CD's, books, fabulous crystals, semi-precious, silver and gem stone jewellery, Shaman & Wiccan products, incense, essential oils, holistic & spiritual products, clothing, environmentally friendly products, beautiful artwork, products from Tibet including singing bowls and Buddha's, and lots more wonderful items to give as gifts to yourself and others.

There is a full day of talks, workshops and demonstrations of mediumship included in your entrance fee. Open 10.30am to 5pm. Entrance fee - £2.50, children under 16 free of charge. Refreshments available, and free parking. For more information please visit our website soulstarevents.co

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