

# TENNIS LESSONS RACKET RESTRINGING



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-216108-z>

Winter is the best time to train, you get prepared for the summer tennis season!

## COACHING











It doesn't matter whether you are a pure beginner, a rusty player or you play for you team - get taught by an experienced, qualified coach who has trained many players and teams from different clubs all over the Brighton and Hove area. Lessons are £25 for the hour and can be taken one on one or shared between two. Group sessions are run on Sundays 12-1.30pm and are £10. Please get in touch beforehand if you are interested. All lessons are done at St Anns Well Gardens in Hove unless you have your own private court.

## RACKET RESTRINGING

To play at your best you need the best equipment. If you have had your strings in your racket for over 6 months it is likely that they have lost their playability. You hit the ball with the strings so its the strings that need replacing. I have a stock of many strings to suit every player. If you are unsure about if you need a restrung or which string will suit you game best, feel free to ask. All rackets get a structural inspection before stringing and i aim to have the racket back to you within 48hrs. If strung in December you get a free overgrip with your restrung!

Also search for 'Honeywood Tennis' on facebook for all updates and be part of the tennis community.



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