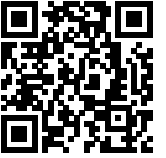


Sutton and Cheam Choi Kwang Do Self Defence Classes



FOR EVERYONE

An amazing chance to take part in one of our self defence boot-camps in YOUR AREA...

**KIDS ANTI-BULLYING
MIXED GROUPS
BEGINNERS OR ADVANCED**




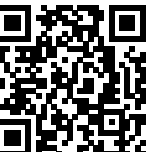






Taster Session Available
Contact Us To Find Out More

Learn self defence that REALLY WORKS
Make LOADS of new friends
HAVE A SERIOUS AMOUNT OF FUN
ANY AGE OR FITNESS LEVEL - FITNESS - WEIGHT LOSS

**PSYCHOLOGICAL SELF DEFENCE & BODY LANGUAGE
VOICE COMMANDS-WHAT TO SAY AND WHEN**

Location **South East, Surrey**
<https://www.freeadsz.co.uk/x-218551-z>

Self defence classes for the whole family, all abilities welcome, from 4 years

 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>	 <p>Sutton and Cheam Choi Kwang Do Self Defence Classes</p> <p>https://www.freeadsz.co.uk/x-2185</p>
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