

# New book on martial arts - Want to know the real martial arts (10.99 GBP)



Location **East of England, Essex**  
<https://www.freeadsz.co.uk/x-219169-z>



This book covers the vast majority of martial arts still practiced today, lovely pictures and a history and breakdown of each style, from aikido, through tae kwon do to kung fu. Get it here in paperback or for Kindle [http://www.amazon.co.uk/Encyclopededia-Martial-Arts-21st-Century/dp/1502494817/ref=sr\\_1\\_4?s=books&ie=UTF8&qid=1417173549&sr=1-4&keywords=karl+lancaster](http://www.amazon.co.uk/Encyclopededia-Martial-Arts-21st-Century/dp/1502494817/ref=sr_1_4?s=books&ie=UTF8&qid=1417173549&sr=1-4&keywords=karl+lancaster) [http://www.amazon.co.uk/Encyclopededia-Martial-Arts-21st-Century-ebook/dp/B00NTA0GDY/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1417173549&sr=1-1&keywords=karl](http://www.amazon.co.uk/Encyclopededia-Martial-Arts-21st-Century-ebook/dp/B00NTA0GDY/ref=sr_1_1?s=books&ie=UTF8&qid=1417173549&sr=1-1&keywords=karl)



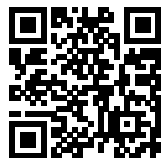
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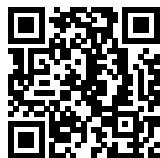
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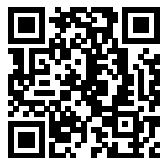
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