

## **Discover Personal Peace (1 GBP)**



Location North, South Wirral https://www.freeadsz.co.uk/x-235917-z



resources—innate tools for living such as inner strength, choice, and hope—and the possibility of personal peace.

This is an innovative educational program, facilitated by volunteers, with a curriculum that consists of 10 videos, each focusing on a particular theme. These customized, interactive workshops are non-religious.

The purpose of the Peace Education Program (PEP) is to help participants discover their own inner

videos, each focusing on a particular theme. These customized, interactive workshops are non-religious and non-sectarian. The content of each theme is based on excerpts from Prem Rawat's international talks. The themes are: Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment.

The next class begins 6.30pm Monday 18th January Central Library, William Brown St, Liverpool, Merseyside L3 8EW for more information contact Esther 07826093315 or Nina

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