Personal Training Sessions With Champion Boxer (60 GBP)

Location **London, London**
https://www.freeadsz.co.uk/x-236190-z

Are you looking to lose weight and tone-up ready for your holiday? Or maybe you are you seeking a personal trainer who can really push you to achieve peak fitness levels.

If the answer is yes to either then Marianne Marston, who was named as "London's Best Personal Trainer (Boxing & Circuits)" by Time Out Magazine is without doubt the personal trainer for you.

A professional boxer by trade, Marianne, the reigning MBC International Super Bantamweight Champion, offers Personal Training and Conditioning programmes for individuals, of all ages 18 and above, and levels, who seek to lose weight, tone-up or achieve peak physical fitness

Marianne's Personal Training and Conditioning programmes are tailored to your individual needs and the demands of your sport and/or fitness goals. You will be coached to professional athlete level using many of the techniques and exercises that top flight sportsmen and women use in their training and competition preparations.

As Marianne's Personal Training and Conditioning programmes are tailored to your individual needs they are suitable for all regardless of age or fitness level.

Marianne is Certified by the Register Of Independent Professional Fitness Instructors and all her Boxing & Boxing Fitness sessions are registered and fully insured.

Location: Kingtone Gym, Basement 14[illegible] Drummond Street, Euston, London NW1 2PB

Marianne's Personal One-2-One Training sessions are one hour in duration and cost 100. (Discounts for 5, 10 or more pre)

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