











Zumba Gold Classes (6 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-238466-z>



Zumba Gold Classes - Eltham Zumba Gold is ideal for 50Plus Ladies, Returning to Exercise, Beginners, Low (or Higher) Impact Moves. Improve your mobility, flexibility and fitness at your pace. Enjoy good music from your favourite pop song or something with a latin feel. A great social meeting place meet new people and enjoy an hours fitness.

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