


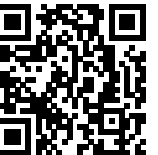
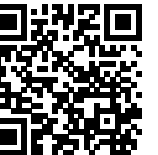







Optimum Performance Health and Wellbeing Personal Trainers



Location **West Midlands, Warwickshire**
<https://www.freeadsz.co.uk/x-238556-z>

Big offers for 2016 so you better get in quick. This is all to help you kick start into the New Year with a big health push. Have a look and drop us an email to see what's included in the block bookings as it's not just the training. Our trainers are pre and post natal qualified to assist new and expectant mothers and are specialists in other medical areas. For full details please view our website <http://optimum-performance.co.uk/new/>

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