## **AMAZING ZUMBA amp ZUMBA GOLD CLASSES**



Location **South East, Middlesex** https://www.freeadsz.co.uk/x-247733-z



Come and join the Zumba fun! Great for weight loss and shaping up. Zumba Fitness and Zumba Gold classes in Northwood, Bushey, Ickenham, Northwood Hills, Croxley Green, Sarratt and Eastcote.

MONDAY 10.30am - 11.20am: [ZUMBA GOLD] Northwood & Pinner Liberal Synagogue, Oaklands Gate, Northwood HA6 3AA 1.30 - 2.20pm: [ZUMBA GOLD] Sacred Heart Church, London Road, Bushey WD23 1BA 8.00pm - 9.00pm: [ZUMBA] Bushey & Oxhey Methodist Church, 77 Chalk Hill/London Road, Bushey WD19 4DA TUESDAY 10.30 - 11.20am: [ZUMBA GOLD] Ickenham Village Hall, 33 Swakeleys Road, Ickenham UB10 8DG 7.00pm - 8.00pm: [ZUMBA] Northwood Hills United Reformed Church, Joel Street, Northwood Hills HA6 1NL WEDNESDAY 11am - 11.50am: [ZUMBA GOLD] Red Cross Centre, New Road, Croxley Green WD3 3HB THURSDAY 10.30am - 11.20am: [ZUMBA GOLD] Sarratt Village Hall, The Green, Sarratt WD3 6AS 6.15pm - 7.15pm: [ZUMBA] The Cavendish, Field End Road, Eastcote HA4 9PG Zumba (Fitness) class £6 per class. Discount for block bookings. (Duration: 1 hour) Zumba Gold £5 per class (50 mins per session) Additional info for all classes can be found at www.zumbawithtrisha.co.uk. tel: 07919 276539 Email: [email&#160]

