




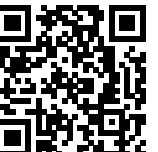






Your Hypnotic Slimmin039 Tonic for 2016



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-248049-z>



New for 2016 I am offering the 'Hypnotic Slimmin' Tonic' weight loss program in addition to my other speciality services for anxiety, phobias and emotional disorders. My program is inspired by the troubling statistic that anyone engaging in weight loss plans is that around 85% of individuals who lose weight will regain it and often more within 2 - 5 years. I have friends and colleagues who have all fallen into this trap and its a trend I am strongly motivated to smash to pieces:-) The Hypnotic Slimmin' Tonic weight loss program by Ignite Hypnotherapy has been structured using research evidence as to what the major contributing factors are to this statistic! So now you can lose weight in a healthy way and KEEP IT OFF! Each plan is tailored to you as an individual but includes some core techniques and principles based on the research that aim to take your weight loss to the next level. You can expect a thorough and continuous assessment, 6 sessions of Cognitive-Behavioural Hypnotherapy over a 4 month period, full audio programs, manuals and continuous support via email and phone from a highly respected hypnotherapy professional. In addition to this there will be an optional booster session 6 months after treatment ends. Full details of the program can be found on my website ignitehypnotherapy.uk but please feel free to contact me for more information! Please note that spaces to enrol on this program are limited due to the time investment required and to ensure the best quality of service is provided to you. ;

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