Exercise, Diet and Support in Cirencester







Exercise and Diet classes with workouts and nutritional support and advice, 2 classes every Saturday 10.00 am - 11.30 am and then 11.30 am - 1.00 pm at St. Lawrence Church Centre, Coutess Lilias Road, Chesterton, Cirencester, Gloucestershire, GL7 1SU (satnav use GL7 1UD). First class is £7.00 and includes your Best Together Pack. Thereafter it's just £5.00 per

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