

WELLBEING FESTIVAL. VOLUNTEERS NEEDED (30 GBP)



Wellbeing Festival
Community Matters

fundraiser for our outreach program

Saturday 30th April
11am-6pm
Hamilton House

Workshops . Talks . Kids' Activities
Holistic Therapies . Cafe . Live Music

wellbeingbristol.com

Wellbeing Festival 2016
Community Matters

Workshops
Healing The Community
Find Your Own Balance
Singing for the Soul
Spring Awakening Meditation
Kids Capoeira

Live Music with Lady Nade and guests!

Talks
More Ease, Less Anxiety
How Happy Is Your City?
Celebrating The Sacred In Your Everyday
Give Up Surviving & Start Thriving

£5 entry
£3 workshops
ONLY £10 per 30 min treatment!

80 Stokes Croft, Bristol BS1 3QY
wellbeingbristol.com

Location **South West, Avon**
<https://www.freeadsz.co.uk/x-276951-z>

Community Matters Wellbeing Festival Saturday 30th April - Volunteers Are you passionate about Wellbeing? Want to contribute to an exciting community-led event in your local area? We are celebrating our annual Wellbeing Festival in Hamilton House, Stokes Croft and are looking for inspired, enthusiastic individuals to work with us to make this a fantastic event for the whole community! WORKSHOPS – TALKS – CAFÉ – KIDS’ AREA – LIVE MUSIC This year’s theme is ‘Community Matters’ and we will be raising funds to support our outreach work with vulnerable groups across Bristol. We are recruiting volunteers for the following roles: -Welcome! -Space stewarding -Street flyering -Info stall -Décor and set-up -Social media marketing -Crowdfunder development As a valued member of our events team you’ll get a nutritious hot meal from the Canteen, tea/coffee, FREE entry to the festival (includes all talks) and access to an exclusive Wellbeing offer on selected therapies (TBC!). TO REGISTER PLEASE CLICK HERE or copy this link into your browser: https://docs.google.com/forms/d/1U5xLzTra9NzrhbZlYHDmCuxZGmP0QP7dpzYGZsj0inY/viewform?usp=send_form For more information please contact Nealey at by Monday 21st March. For more information about Wellbeing Rooms and our outreach work (Community Conscious project): <http://www.hamiltonhouse.org/wellbeing/> <https://www.facebook.com>

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