











Free Talk - Emotional Freedom (07 GBP)



Location **East of England, Hertfordshire**
<https://www.freeadsz.co.uk/x-289800-z>

Freedom comes when we can respond in a calm and clear way to a situation or person. Our talk will explore some of the main causes for our emotional blockages and ways that can help to release, free and bring healing. Booking Required. Speaker: Jim Ryan is a Teacher and Management Consultant and speaks in the UK and abroad on meditation, spiritual philosophy and self-development with practical up-to-date strategies. He is also author of several books on meditation and self.

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