

# Universal Approach to Feet with Chris Stormer-Fryer (13 GBP)



Location **Scotland, Kinross-Shire**  
<https://www.freeadsz.co.uk/x-290564-z>

Chris Stormer-Fryer Presenter and Author is returning to the UK to present her highly popular courses for the last time. Please join us in Perth this June for Chris's highly popular Universal Approach to Feet, this is open to Reflexologists and anyone with an interest in learning more about Reflexology when? 10th to 13th June 2016 1000 to 1630 where? Subud centre Perth, 7 St Leonard's Bank book? Contact Di via the link THE UNIVERSAL APPROACH TO FEET

presented by  
 CHRIS STORMER-FRYER SRN. SCM. HV. Dip R

When the Universal Approach to Feet was channeled through in the early 1990's, it was almost before it's time. The world was still very focused on the physical aspects of being human and was continuing to blame aspects outside the body for illness and disease.

Ironically, many were also alarmed at how effective this technique is, with very positive improvements generally felt immediately. Clients claim to feel so much better about being themselves and their life in general after just one session.

With the Universal Technique embracing the emotional and spiritual aspects of uneasiness, which reveal themselves through unpleasant symptoms in the physical body, complementary health practitioners are able to offer their clients so much more, not only during the treatment, but also by sharing worthwhile and manageable steps for them to help themselves to ongoing healing and health.

The enormous energetic shift since the beginning of this century that is causing such chaos and confusion, makes this an ideal time to re-introduce the truly amazing Universal Technique, so that individuals can comfortably evolve into becoming their authentic self.

The 4 day workshop is not just for Reflexology and Natural Health Practitioners, but anybody and everybody who wishes to know their why, how and what for. It is a time to connect with the earth, to feel the ground beneath your feet, to feel the sun on your face, to feel the wind in your hair, to feel the rain on your skin, to feel the love in your heart. This is a time to connect with the earth, to feel the ground beneath your feet, to feel the sun on your face, to feel the wind in your hair, to feel the rain on your skin, to feel the love in your heart. This is a time to connect with the earth, to feel the ground beneath your feet, to feel the sun on your face, to feel the wind in your hair, to feel the rain on your skin, to feel the love in your heart.

**DAY 1**  
 Introduction to the Universal Technique and reassurance about its incredible effectiveness. Explanation of the elemental energies and how these can be best utilized for the benefit of the client. The importance of incorporating colour visualization to enhance the healing process.



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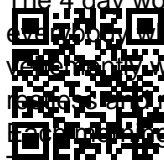
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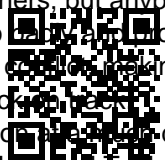
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An understanding of the unique and valuable contribution of each thumb and finger throughout the session.

The detrimental impact of distressing memories and inappropriate belief systems on the brain, that eventually get on the nerves.

The hands-on techniques to calm mind, body and soul.

DAY 2

What really causes disharmony and upsets the hormones, along with the consequences imposed on related areas.

The non-sense that perturbs the senses and often creates havoc.

That which is being kept so close to the chest that it keeps interfering with the breath and blood circulation.

The hands-on techniques that re-establish harmony, re-assure the senses and re-instate the breath, as well as the efficient circulation of blood and other fluids around the body.

DAY 3

Circumstances and situations that are hard to swallow and digest, often because of being labelled 'good' or 'bad', changing their energy and making food either unpalatable or too palatable.

The need to let go of all detrimental thoughts and harmful emotions to make space to bring through new concepts and manifest them in their daily life.

The perceived foundation and support that penetrates to the core of the bones, affecting the elasticity and efficiency of muscles.

The hands-on techniques to soothe the digestive tract and its related parts, so that everything can be processed with ease, making it so much easier to release what is no longer required, and to provide space to reproduce innovative concepts that provide a solid, yet flexible, base from which to function. DAY

4

Bringing clarity to any areas of uncertainty.

The whole Universal Technique, from start to finish, to ensure that the overall concept is completely understood.

You are welcome to record the information shared since there will be a lot to absorb in these 4 days!

WHAT TO BRING

Notepad

Pens, pencils, sharpeners and erasers

Coloured crayons

Pillow

Blanket

Lounger cushion (if possible)

Small hand towels + bath towel

Talcum powder

Oils of your choice

Water

Your lunch

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Something warm to put on following the treatments that you will give and receive each.

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