

# martial arts 2 free introductory lessons at stanley amp chester le street



Location **North, Tyne And Wear**  
<https://www.freeadsz.co.uk/x-323552-z>

2 free lessons in aikido at stanley and Chester le street with the international martial arts federation a martial art that includes empty hand self defence and sword and stick arts East Stanley primary school dh9 0tn Fridays seniors & adults 11 years + 430pm-6pm come along anytime between 415 & 5pm to join juniors class 5-11 years come along between 320 & 330pm - aprox 415pm also chester le street community centre dh33ts 730 pm-9pm



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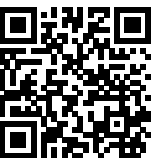
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