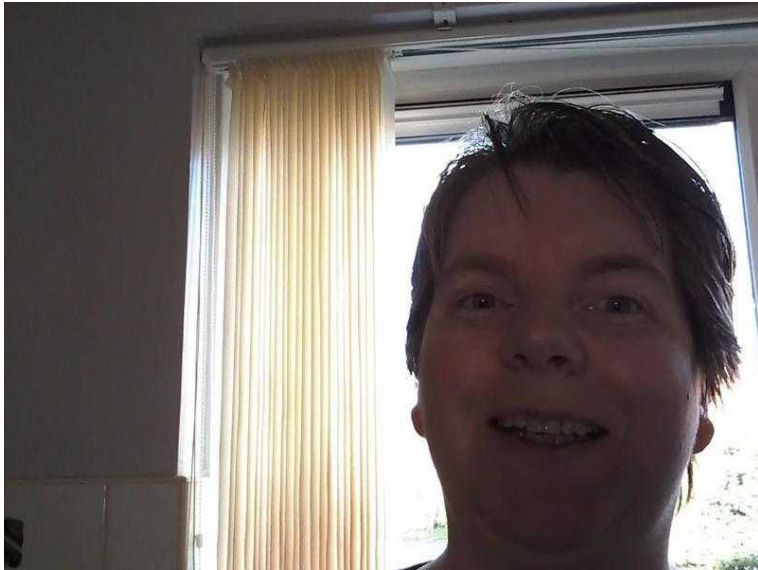












# Home help



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-327195-z>



Are you in need of domestic or personal help? Whether it's once a week for an hour or 2 or once a month I'm here to make your life easier. Friendly, reliable carer now available in your area (Eastbourne, Willingdon, Polegate, Langley, Stone Cross, Hampden Park, Westham & Pevensey) I work from 10am-3pm Monday-Thursday service starts from £10 an hour call now while there's limited time slots available. I have 4 years experience, NVQ level 2, DBS police checked. I look forward to hearing from you;

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