

## **WORTHING HYPNOSIS**



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Location **South East, West Sussex** https://www.freeadsz.co.uk/x-330527-z



I AM A FULLY TRAINED AND QUALIFIED HYPNOTHERAPIST. I CAN HELP YOU TO:- FEEL LESS STRESSED AND ANXIOUS FEEL LESS DEPRESSED FEEL MORE CALM AND PEACEFUL LOSE WEIGHT REDUCE CRAVINGS FOR SUGARY FOOD AND DRINK REDUCE CRAVINGS FOR ALCOHOL STOP SMOKING EMAIL ME NOW FOR A FREE INITIAL CONSULTATION ONLINE, USING SKYPE, WHERE WE CAN FIND OUT WHERE YOU ARE AT, AND HOW YOU ARE FEELING ABOUT THINGS. THIS WILL TAKE AROUND 10 TO 15 MINUTES. THEN IF YOU WISH, WE CAN BOOK A HYPNOSIS SESSION ONLINE. THIS WILL TAKE AROUND 45 MINUTES AND WILL COST £60.;

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