

Complimentary therapist






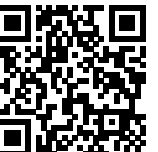

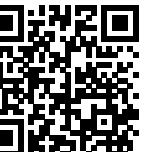




Location **North, South Wirral**
<https://www.freeadsz.co.uk/x-331020-z>

Satveer Kaur is a certified yoga/meditation instructor, EFT Practitioner, Reiki master, and Access Bars practitioner, with over fifteen years of professional experience, teaching in California, Vermont and New York, and the UK. She has successfully helped many people on their healing journey, including Richard Gere.

She has trained with internationally recognized yoga teacher Vasanthi Bhat and IKYA (Kundalini Yoga). She also holds the following healing credentials:

- Certified EFT Practitioner
- Certified Reiki Master
- Certified Access Bars Practitioner
- Certified Kids/ Teenage Yoga teacher
- Certified Prenatal Yoga Teacher

Satveer works with a wide range of clientele and has positively extended her practice from studios to private home sessions, psychologist/ psychiatric offices (for anxiety and depression, ADHD and more). Working with a mantra of patience, empathy and compassion, Satveer has greatly helped patients of stress, anxiety and depression find well-deserved serenity. Her hope is to soothe the mind, the main source of our stresses and pains, through a variety of healing aspects. To contact Satveer for general questions about her service, please email click to

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