

# Transpersonal Psychology - A gentle but effective understanding for better health



Location **South East, West Sussex**  
<https://www.freeadsz.co.uk/x-368408-z>

Are you feeling anxious, suffering with a debilitating phobia, have low self-esteem or just finding life experiences difficult to process? Take a few minutes to consider what it is you would like to achieve and if you need some help in realising that potential, give me a call on 07838 257755 07838 2577...(click to reveal full phone number) to discuss whether or not Hypnotherapy is the right course of treatment for you. Understanding transpersonal psychology may be all you need to make the necessary changes towards better health and well-being. Everyone is unique and there can be no set rule for all. How YOU process your challenges in life is personal to you. YOU are responsible for your own healing process and, quite often, the key to that success is acknowledging that changes need to be made. Changes in the way those same life experiences are processed can be a powerful start to a new way of living your life. What have you got to lose? Special discounts offered for anyone on low income or unemployed. (Proof will be required). Read what clients have to say on the website: [www.christineparkin.com](http://www.christineparkin.com) Consultations are completely private and your details will not be passed on to any third party unless a medical referral is required. One hour session £60. Take advantage of this month's 10% discount on all listed treatments. Book your appointment now. It could change your!



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