martial arts beginers class at Stanley amp Chester le street first 2 lessons free



Northern Ireland, County Durham Location https://www.freeadsz.co.uk/x-373602-z

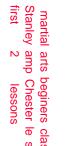


Martial arts for fitness health & self defense aikido controls throws strikes and sword and stick arts Can be practiced without high or hard break falls doesn't include high kicks East Stanley primary school dh9 0tn Fridays seniors & adults 11 years + 430pm-6pm come along anytime between 415 & 5pm to join juniors class 5-11 years come along between 320 & 330pm - aprox 415pm also chester le street community centre dh33ts 730 pm-9pm











,sd	nartial tanley 'st
××	_
w.fr	arts amp 2
eac	_ O b
tps://www.freeadsz.co.uk	beginers Chester lessons
o.uk	S. S.









ıttps://w)2-z	martial Stanley irst
ww.fre	arts amp 2
nttps://www.freeadsz.co.uk/x-37)2-z	martial arts beginers class Stanley amp Chester le str irst 2 lessons fi
ık/x-37	class le str









.	Sţ	tanley	nartial
•	2	amp	arts
too://www.frooder.oo.uk/s.ozo.	lessons	tanley amp Chester	nartial arts beginers class
10 270 W	fre	le stre	class :

		Į.
02-z	https://www.freeadsz.co.uk/x	

	-	í.	
first	Stanley	martial	
2	amp	arts	
lessons	amp Chester le	arts beginers cla	



