

Massage Therapist Acton - Swedish Deep Tissue Back, Neck amp Shoulders Heat Tre



Location **London, London**
<https://www.freeadsz.co.uk/x-376477-z>

Sparkle offers top quality massage treatments at affordable prices. Our therapists are fully qualified and insured to carry out these treatments, with plenty of experience within the industry. At Sparkle, our aim is to give you the best and most effective massage treatment you could ever need! We offer a range of different treatments to suit your specific needs. Maybe you have had a tiring week and you just need to relax; or after a strenuous week at work, you may feel tense with aching and fatigued muscles. Or you may be experiencing tight muscles as a result of stress, anxiety or over-exercising. Whatever the situation, we have the massage for you! Massage is used as a treatment to maintain physical health and wellbeing, as well as relaxation, reducing muscular tension and invigorating the system. It involves manipulation of soft tissues of the body for the purpose of producing positive effects on the muscular, vascular and nervous system. Massage has become increasingly more and more popular in recent years as people are becoming aware of the need to counteract stress in their life, and help eliminate the resulting problems. TREATMENTS: Relaxing Full Body Swedish Massage - 1hr (£60) Deep Tissue Massage - 1hr (£60) Back, Neck and Shoulders - 30mins (£45) Deep 'Heat to Treat' massage - 45mins (£50) ;



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