

One To One Boxing Fitness Coach (15 GBP)



Location **West Midlands, Worcestershire**
<https://www.freeadsz.co.uk/x-405185-z>

One-On-One Personal Training program with W.M.F includes a complete Boxing training system specifically designed to put you on the fast track to results! Receive one-on-one, uninterrupted Boxing & Fitness Training where devoted 100% attention to you and only you. Unique Workouts with Goal-Specific designed programs One-on-One Personal boxing Training Specialists go way beyond motivating you to exercise. They intensify your workouts, maximize your calorie burn and bring you to a new level of fitness. You will be supervised and supported while using our exclusive fitness equipment, the latest nutritional guidance information and encouraged when you need it most! Whether you want to look and feel better, live a healthier lifestyle or improve your current fitness level, you can get it all through W.M.F's One-On-One Personal Training System! £20 per session, or OFFER NUMBER 1 £200 for a block of 10 session with two free group classes per week. OFFER NUMBER 2 £180 for a block of 10 sessions Personal training times: 2 pm until 5pm, Monday – Friday , 2 pm until 6 pm Saturday -



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