











Life Coaching, Youth Coaching, Pain Management



Location **East of England, Bedfordshire**
<https://www.freeadsz.co.uk/x-406248-z>

Supporting Adults or Youths with developing life skills, addressing problems or coping with change. Pain Management and coping with illness. Career progression and interview techniques. If you or someone you knows needs support to make choices and needs guidance taking that next step then coaching is there to help. Just been diagnosed with a condition and struggling to change your life with the new restrictions then coaching with someone who has a chronic pain condition means there is real understanding. If your child is finding it hard to settle in at school or they are having difficulties with friendships, coaching can help them to understand their needs and.



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