

Pilates Classes (9 GBP)



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Location **South East, Surrey** https://www.freeadsz.co.uk/x-407716-z



PILATES classes for beginners and improvers. Godstone Baptist Church Godstone Hill. Thursday mornings 9-10. Join our friendly class. Pay as you go £9 or discounted block booking. Work on toning and shaping your body. Improve your posture, flexibility and mobility. Feel fit, feel great feel refreshed. Improve your peace of mind. ;

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