

Fruit amp Nuts 6k Sponsored Walk for Eastbourne Foodbank (01 GBP)



FRUIT & NUTS foodbank

Sponsored 6k Walk supporting Eastbourne Foodbank

THURSDAY 1ST SEPT 2016

REGISTRATION FROM 5PM, WALK STARTS AT 7PM

All ages and abilities welcome, you will also get:
 FREE Health Check
 FREE Recovery smoothie
 FREE Financial Check
 T-Shirt - Choose Team Fruits or Team Nuts
 Kids go FREE or £5 for a T-shirt
 Sponsorship Form
 Optional treatments available before & after the walk
 Sponsorship money you raise goes directly to Eastbourne Foodbank






£10 ENTRY FEE

For details and bookings visit:
WWW.FRUITANDNUTS.ORG

SUPPORTED BY
 HOME, EASTBOURNE HEALTH CHAMPIONS, EAST SUSSEX CREDIT UNION, Healthy Partners, BODYCLUB

Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-417643-z>

The Bodyclub and partners are organising a 6k sponsored walk for Eastbourne Foodbank and we'd like you to get involved! There is a £10 entry fee which goes towards your FREE Healthcheck, FREE T-Shirt, Herbalife Recovery Shake and FREE Financial Health check. £5 for kids if they want a t-shirt! Registration is from 5pm and we will start the walk at 7pm. Please come early so we have enough time for everyone's healthcheck! You will need to get sponsors and all money you raise will go directly to Eastbourne Foodbank. You just need to decide whether you would like to be on the FRUITS team or the NUTS team! There will also be an opportunity to have your feet and legs massaged after the walk by a qualified massage therapist. Just £10 for a 15 treatment. GO BANANAS AND INVITE YOUR FRIENDS! Supported by Helen Owen marketing enterprises (HOME) cic, East Sussex Credit a Union, Eastbourne Health Champions and Healthy Eastbourne Enter Now at www.fruitandnuts.org ;

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