











FREE EFT (Emotional Freedom Technique) in Shoreham By Sea



Location **South East, West Sussex**
<https://www.freedasz.co.uk/x-425320-z>

My name is Jo, i am a 43 year old woman, currently training as an EFT Practitioner. I am almost at the end of the course, and am looking for people to do some practical sessions on in my home in Shoreham, although i would consider home visits too (depending on area etc). The session would last 45 mins. EFT can be used to treat a variety of issues including depression, anxiety, addictions, low self esteem, traumatic memories, etc, and can often bring relief within minutes. For more details please email - click to

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