



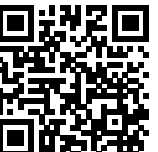
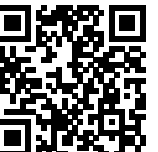






6 Week Online Challenge



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-426078-z>



SCHOOLS ARE BACK! It's now Your time....if you feel you have gained a few pounds over the Summer and need the help and motivation why not join our latest Online Transformation Challenge #ShapeUpSeptember!!!! Registration is open NOW! The challenge will begin on September 11th and last through to the middle of October. The best part is that it's so convenient to participate through our private FB group! You will get : DAILY Exercise plan (days a week) Weekly healthy recipes for meal planning Prizes for top improvers Ongoing support to get AMAZING results! RESERVE YOUR SPOT NOW! Limited

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