

HYPNOTHERAPY SESSIONS - SPECIAL OFFER



Location **South West, Avon**
<https://www.freeadsz.co.uk/x-429585-z>



Hi I am a Clinical Hypnotherapist, having trained at The Clifton Hypnotherapy Practice who are one of the leading complementary health practices in the South West. Clifton Practice School of Hypnotherapy is renowned and considered to be the "Gold Standard in training. I have many hours of clinical practice and now have the availability and am taking on new customers.

WHAT IS HYPNOTHERAPY?

Modern hypnotherapy utilizes the clinically-proven techniques of C.B.T. Solution-Focused Brief Therapy, and other approaches and combines them with the state of trance to help people make significant positive changes within a relatively short period of time. Resolving unwelcome habits and thought patterns to the subconscious level means that hypnosis literally helps the parts that other approaches can't reach! Issues effectively resolved by hypnotherapy.....

Stress & Anxiety, Lifting Depression, Fears & Phobias, Weight control, Smoking cessation, Self confidence, Panic attacks, Social phobia, Compulsive habits, Obsessive thinking, Eating disorders, Relationship issues, Childbirth, Skin Problems, Motivation, Alcohol misuse, and many other stress-related issues.

CONTACT ME TO BOOK AN INITIAL CONSULTATION 07884961519

TAKE ADVANTAGE OF THIS OFFER, SPECIAL RATE for a limited period only (15.10.2016).£30.00 (per session). Smoking Cessation: £65.00 (approx 2 hours) I have practice rooms in Weston super-Mare, Clevedon, Nailsea and Clifton Bristol. PLEASE CONTACT: Natalie-Simple Solutions Hypnotherapy on 07884961519. Or find me on Facebook as Simple Solutions Hypnotherapy. Initial Consultation: £30.00 (approx 2 hours). Offer ends 15th October 2016. Subject to availability. (Websites likely under construction);

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