

# Shamanic and Holistic Healing



Location **London, London**

<https://www.freeadsz.co.uk/x-430257-z>

Do you feel sad for no reason, empty or without energy?

Do you feel that you are missing something, and somehow you are not in your full strength, not living your full potential?

Are you stressed, anxious, and you can't sleep properly?

Is it hard to get back to your balance, and understand what is your life purpose?

Alex Akal is a Shamanic Counsellor and Energy Healer, specialised in making people become their own healer.

After a consultation he offers various healing sessions, depending by the needs:

- Chakra Balance £30
- Sound Healing £40
- Holistic Massage £40
- Shamanic Counselling £50
- Meditation Reconnection £50
- Subtle Body Healing £70
- Shamanic Healing £70

Alex Akal has a background in Shamanic Trance Dance, Soul Hounting, Subtle Body Healing, Bija Mantras, in different parts of the world.

The sessions are in a private studio in Dalston, 260 Kingsland



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