

# PILATES CLASSES IN DALGETY BAY AND SURROUNDING AREAS



Location **Scotland, Fife**  
<https://www.freeadsz.co.uk/x-444429-z>

Offering Pilates classes for all ages, levels and both male and female. Morning classes on Mondays and Wednesdays start at 09.30am to 10.30am at The Dance Academy Studios, Donibristle Industrial Park, Ridge Way, Dalgety Bay KY11 9JN (round the corner from ASDA). Evening classes (Mondays) start at 7pm to 8pm at the Dalgety Parish Church, Regents Way, Dalgety Bay KY11 9UY. Block booking of 6 classes for £30 (£5 per class) or £6.50 for drop.

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