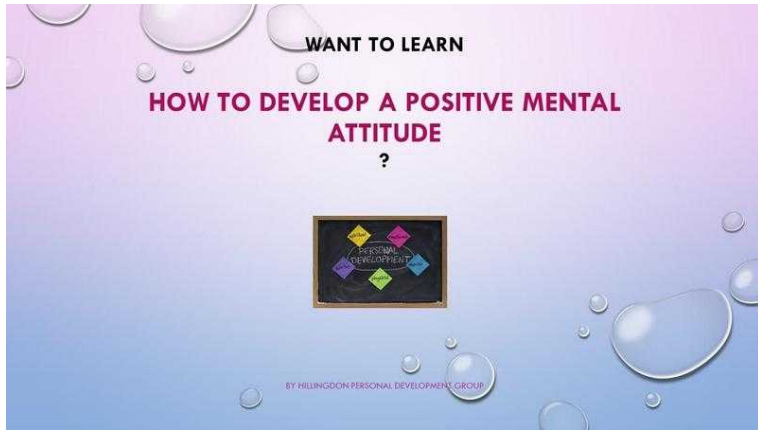




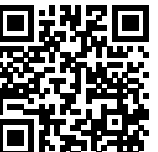
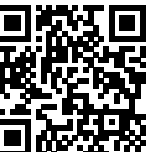






# Developing a Positive Mental Attitude The Workshop (24 GBP)



Location **London, London**  
<https://www.freeadsz.co.uk/x-467019-z>



Do you ever wonder why sometimes you feel full of zeal for life and at other times you are frustrated or lack enthusiasm? This workshop will look at what determines the attitude that we hold about ourselves and others, how we can start to reframe our vision and our responses to life's situations. Happiness and success are founded on the attitude we adopt to the people and situations we meet. If we change our perception, our attitude automatically changes. Let's go deep inside and create a beautiful attitude to life.  
<https://www.meetup.com/Hillingdonpersonaldevelopment/events/>

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