

Mindfulness, Meditation, Positive Thinking and Emotional Intelligence Seminars (9 GB)



Life Acknowledged
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WELCOME TO A HEALTHY MIND
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Life Acknowledged is all about personal development, a process of learning how your mind functions, developing your self-awareness, expanding your knowledge, and improving your personal skills.

When was the last time you did something for your Mind?

COURSES - IMBER COURT SPORTS CLUB, Ember Lane, East Molesey, KT80BT

BOOK NOW! Limited Places
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Location **South East, Middlesex**
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Life Acknowledged is all about personal development, a process of learning how your mind functions, developing self-awareness, expanding your knowledge, and improving your personal skills. We organise seminars and workshops by topic; Mindfulness, Positive Thinking, Meditation, Emotional Intelligence and breaking habits. www.lifeacknowledged.com Venue: Imber Court Sports Club, Ember Lane,



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