North London based private personal training amp online training

Location London, London https://www.freeadsz.co.uk/x-502704-z





My name is Anthea, i am a level 2 and 3 qualified personal trainer from North London. North London based private Personal training or Online training. Whether it is to lose weight, lose fat, build lean muscle or just increase you're fitness. Whatever the goal, all programmes are individually tailored and are specific to you're own personal goals & abilities. Testimonial is a 7 week transformation. Receive a 10% discount as a first time client! Don't hesitate to send me a message, for more info & details on current packages and offers. Thank you, Ace training ;

