

Bournemouth Fit Club (Free)



FREE Bournemouth FIT CLUB!!!

**It's Fun!
It's Fit!
It's FREE!**



Get serious and join us for a fast paced exciting hour of heart pounding fun!

Join NOW!

Activity Include:

- Warm Up
- Strength Training
- Run For Your Life
- Circuit Training & Intervals

REG OPEN NOW!

Go at your own pace and skill level from beginners to advanced!

fitclub
Healthy Active Lifestyle Events

CALL/TEXT: 07542 697346











Location **South West, Dorset**
<https://www.freeadsz.co.uk/x-505520-z>

***** FREE Fit Club *****

Join our 4 Week fitness class!
 Body analysis, Personal coaching, weigh-ins, nutrition & fitness

Call/text NOW on 07542 697346 07542 6973...(click to reveal full phone number)

Location: Bournemouth

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