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Pure Art BJJ Brazilian Jiu-Jitsu Martial Arts Portsmouth



Location South West, Hampshire https://www.freeadsz.co.uk/x-506047-z



We offer Brazilian Jiu-Jitsu classes in Portsmouth with an enjoyable and positive atmosphere and friendly and supportive teaching method. BJJ is one of the most effective martial arts on the planet and highly popular for use in MMA Mixed Martial Arts. The entire art is taught in our Portsmouth BJJ lessons including Self Defence, takedowns and ground techniques. We are located at Miltoncross school in Portsmouth, Hampshire, UK, P03 6RB. Classes are every Tuesday & Friday evening 7.30pm-9pm. First session is free! Get in touch now! http://www.pureartbjj.com click to contact 07851471618 078514716...(click to reveal full phone)

