

Yoga Classes Basingstoke (7 GBP)

YOGA & PILATES

Nature's medicine for stress & aching joints



Location **South East, Berkshire** https://www.freeadsz.co.uk/x-506241-z



Yoga Classes Basingstoke suitable for all levels including beginners. Mobilise aching joints, increase flexibility and improve circulation and posture. Tuesday evenings 6.30 pm Sea Cadets Community centre Winklebury option to pay as you go. What can you.

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