











Man with a van Gidea Park, Hornchurch, Romford, Harold Hill Wood, Essex



Location **East of England, Essex**
<https://www.freeadsz.co.uk/x-510123-z>

I can pick up, deliver, charges depend on distance
 I promise to give lowest quote I possibly can.

I give personal care to all my jobs. Local Delivery from £20 Quick reliable service Lowest price quotations given Please Message/E-Mail and I will get back to you ASAP. £20 is for the first 5 miles then £2 a mile after that from Hornchurch for one item. a distance of 10 miles would be £30 Text / Email for a quick quote 07950 818 733 07950 818 7...(click to reveal full phone number) click to contact Please include pick up and drop off post codes, description of goods, day and time preferred for delivery, parking space and if stairs or lifts are involved. This is for a ONE MAN delivery service, for large or heavy items I will require assistance for both loading and unloading. Many

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