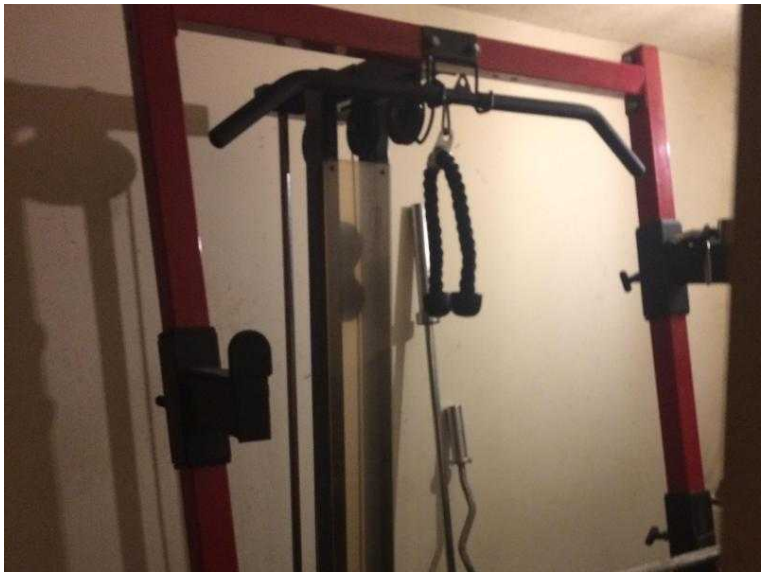
Powertec weight bench and rack and olyimpic weights (350 GBP)



Location **Yorkshire and the Humber, North Humberside**
https://www.freeadsz.co.uk/x-513451-z

Powertec bench and frame rack with Olympic weights (with curl bar and 6ft and 7ft bar and attachments ect)
Here are some links to my setup on this fitness superstore website so you can read em for info about what can be done on the setup ect or the pictures on the website might give you better idea the only difference is the rack attaches to the bench on my setup if wanted. I bought the lat tower about 6 months after the bench and rack the bench and rack I bought together. There is 2 olyimpic weight bars one 6ft one 7ft a olyimpic curl bar olyimpic York weight plates, Powertec bench
Leg up attachment
Lat tower
Workbench rack
20kg x2
15kg x2
10kg x2
5kg x2
2.5kg x2
Quick release spring stops and heavy duty metal ones
2 olyimpic weight bars 6ft+7ft
1 olyimpic curl bar
2 olyimpic dumbbell bars
Triceps rope pull down attachment
Straight bar attachment
Leg up and curl bar attachment
Seated row and chinning bar combo POWERTEC BENCH
http://www.fitness-superstore.co.uk/powertec-workbench-utility-bench-3.html POWERTEC OLYIMPIC
LAT TOWER OLYIMPIC PLATE LOADING
http://www.fitness-superstore.co.uk/powertec-lat-tower-option-olympic-plate-loading-1.html OLYIMPIC
WORKBENCH HALF RACK
http://www.fitness-superstore.co.uk/top-fitness-brands/powertec/gym-equipment/power-cages-racks/multi-press-racks?viewall=1&p=1 In good condition any questions message me. I have tryed taking a good few pictures aswell to try show everything. Its a decent heavy duty setup.

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