











Crystal Bowl Sound Evening Sunday 11th June 6.15pm



Location **Yorkshire and the Humber, West Yorkshire**
<https://www.freeadsz.co.uk/x-529707-z>

A sound healing evening meditation using quartz crystal singing bowls, alchemy crystal bowls and crystal singing pyramids. For relaxation, letting go of the old, integrating the new and general expansion of consciousness and new possibilities.

Doug Buckingham is a qualified hypnotherapist with a practitioner diploma in hypnotherapy from the London. He is Hypnosis and Regression Trainer in the UK, Mexico and South Africa.
<https://www.dougbuckingham>

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