

KARATE IN SHEFFIELD. ANY FITNESS LEVEL AND AGES 5 AND ABOVE.



Location **Yorkshire and the Humber, South Yorkshire**
<https://www.freeadsz.co.uk/x-533667-z>



Whatever you GOAL is, whether it is to lose weight? Get fit? Build confidence? Learn self-defence? Plus learn some valuable life skills? We are offering FREE trial classes within the Sheffield area for people aged 5 years and above. Our classes are family friendly, fun and are designed for all ages and fitness levels. Membership is £30 and classes are £6.50 (we have family discounts available) but your first class is FREE!!!

For more information about GKR karate, please visit our website at <http://www.gkrkarate.com/>

Also view our YouTube channel at <https://www.youtube.com/user>



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