

Rugbytots Classes FREE taster, dynamic play sessions for boys and girls aged 2-7, S



Location **London, London**
<https://www.freeadsz.co.uk/x-534044-z>

Our fun, structured play sessions take children on a journey of sporting imagination, with energetic and engaging coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

Our motto is simple - "make it more fun". We do this by delivering our specifically designed programme for each age group with energy, enthusiasm and excitement. This creates an atmosphere in the class that is totally unique and engaging for parents and children alike.

We help children to stay healthy by improving their physical fitness, hand eye coordination and listening skills, balance and sleeping patterns. Also psychological benefits of providing structure, enabling positive emotions, promoting bonding, self-confidence and self-esteem and encouraging social skills through team work. And not to forget bucket loads of fun too!

We run classes for boys and girls aged 2-7, in three different age groups. The sessions for 2-3.5 year olds is 30 minutes long, and the sessions for 3.5-5 year olds and 5-7 year olds are 45 minutes long.

Classes at Chace Community School in Enfield on Sundays:

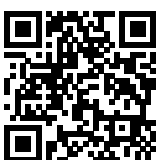
8:50 am - 2 to 3.5 years

9:25 am - 3.5 to 5 years

10:15 am - 5 to 7 years

Come along for a FREE no obligation taster class, just book your space by contacting Carl and Sam at: [click to contact](#)

0345 313 0408 0345 313 04...(click to reveal full phone number)



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