

KeepFit - DanceFit - Stonehouse - 11 am Wednesday



Location **South West, Gloucestershire**
<https://www.freeadsz.co.uk/x-534223-z>

Stonehouse Community Centre - 11:00 - 11:45 Wednesday
 A 40-45 minute dance based exercise to music class -
 Low impactChart
 Music from 70s, 80s and current.
 Don't like my moves, then dance your own dance£5 per week or £25 for 6.



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