

Kids in the kitchen - Summer cooking workshops for children (20 GBP)



Location **South East, Berkshire**
<https://www.freeadsz.co.uk/x-536334-z>

Summer cooking workshops for children, 9-12 years old. Pasty, bread and pasta workshops. Morning and afternoon slots available. Book a space following the link:
<https://www.eventbrite.co.uk/e/summer-cooking-workshops-tickets-35807847235>

ELNETTE'S FITNESS & FOOD
Get active & Feed the Burn

Kids in the KITCHEN
Embrace the Mess, Encourage Success, Equity for Life

9 – 12yrs £20 per session

Summer cooking workshops for kids!!!!

Pasta making workshop
Making your own pasta and sauce with fresh ingredients.
Experimental work: Sensory evaluation of pasta made with different types of flour.
Recipes:
* Ravioli with vegetable sauce
* Macaroni Cheese
Dates:
July: 25th
August: 1st, 8th, 15th and 22nd
Morning slot: 10:00 – 12:30
Afternoon slots: 2:00 – 4:30

Bread making workshop
Making your own bread working with yeast.
Experimental work: Looking at the gluten content of different flours and how it affects the structure of bread.
Recipes:
* Hamburgers
* Pizza
Dates:
July: 26th
August: 2nd, 9th, 16th and 23rd
Morning slot: 10:00 – 12:30

Pastry making workshop
Making rough puff and short crust: pastry
Experimental work: Sensory analysis of pastry made with different types of shortening (fat)
Recipes:
* Mini summer fruit tarts.
* Val-au-vents / Roast veg squares.
Dates:
July: 27th
August: 3rd, 10th, 17th and 24th
Morning slot: 10:00 – 12:30
Afternoon slots: 2:00 – 4:30

Contact:
Elnette Parsons
07414008802 / elnettoparsons@yahoo.co.uk

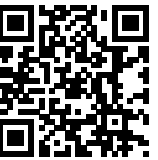
Sessions include all ingredients & Equipment
Finished products will be taken home.
Venue: 45 Morlais, Emmer Green, RG4 8PQ



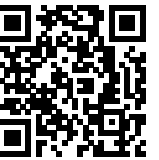
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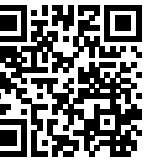
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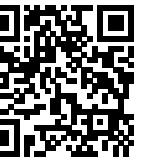
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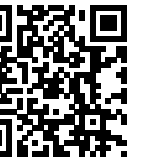
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